



Licking Heights Food Service August Newsletter



Welcome back to the cafeteria Licking Heights Hornets!

23-24 SY Programs

The food service department is ready for the 23-24 school year and is excited to share what we have been planning! Read below to learn about the different programs we will be putting on in our cafeterias throughout the school year.

Global Eats. A new program that invites kids on a food exploration, introducing them to the unique ingredients and authentic flavors from cuisines around the world. This school year we will be exploring four different countries, traveling first through Mexico, Italy, India and China.



Discovery Kitchen. Bringing delicious food to life through activities and events for students who are hungry to both eat and learn! Our food service team will provide hands-on cooking demonstrations to teach students about healthy eating habits, meal preparation while also encouraging them to explore new types of foods!

Mood Boost. Good food, good mood! Introducing another new program this school year, Mood Boost! This program is designed to help students make the connection between what they eat and how they feel. The goal is to help students chose foods that make them feel more *confident, alert, smart, happy, strong and calm.*



Student Choice. This program aims to let students have a voice over what is served in their cafeterias by providing taste tests of different menu items and then putting it to a vote - the winning dish gets added to the menu for the remainder of the year.



This institution is an equal opportunity provider.

FREE Breakfast!?

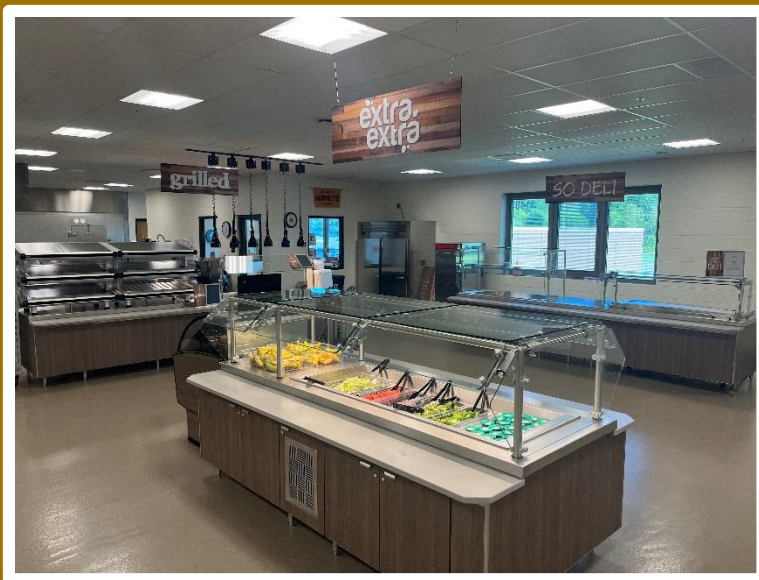
Have you heard the news?

The Licking Heights School District recognizes how important a good healthy start to the school day is, which includes a balanced breakfast! They have decided to make breakfast **FREE** for all Licking Heights students this year.



Fresh New Looks!

Over the summer, we gave our cafeterias a fresh and fun make over! This photograph captures the new modern layout of the Licking Heights High School's cafeteria!



What's on the menu?

Check out our mobile app or website to find daily breakfast and lunch menus. Here, you will also find nutritional information and allergy icons that provide easy identification of major allergens. Rate items on the menu and give feedback to help us design future menus!



Lickingheights.nutrislice.com

We moved! The food service department is now located at the Licking Heights Middle School. 4000 Mink Street SW, Pataskala, OH 43062. Room 348.

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